



**COVID-19 MEASURES for
FIGURE SKATING COMPETITIONS**

Version 19.10.2021

*Attention: This is a **recommendation**, that tries to summarize the most important things currently applicable. Every organizing committee still has the responsibility to be informed about the current situation in their host area.*

Health has the highest priority! Infection rates should be decreased as much as possible, to ensure a proper training environment for all Athletes. We may ask for the solidarity of our figure skating family!

EVENTS

1. All rules and specifications of the venue should be taken into account and supported.
2. **Social distancing** of a minimum of **1m** is obligatory – while executing the specific sport, it can be fall below.
3. It is recommended to wear an FFP2-Mask or another Face Mouth Mask.
Exceptions can be done for athletes:
 - While warming up
 - On the iceThe announcer is allowed to take down the mask, if social distancing is possible.

VACCINATED, RECOVERED OR TESTED

All participants (Coaches, Athletes, Officials, Spectators and volunteers have to fulfill one of the following things:

Tested:

Negative PCR Tests will be accepted for 72 hours after the test was taken.

Negative Antigen Tests will be accepted for 24 hours after the test was taken.

Recovered:

Recovery of COVID-19 will be accepted, if a medical document can prove, that the infection was within the last 6 months.

Vaccinated:

A proof of being fully vaccinated according to WHO. People are considered as fully vaccinated 2 weeks after their second dose in a 2-dose series, or 2 weeks after a single-dose vaccine.

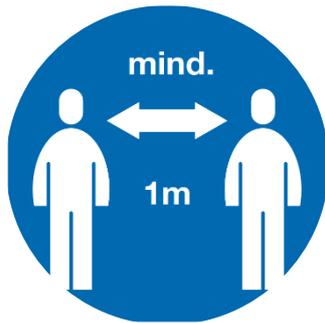
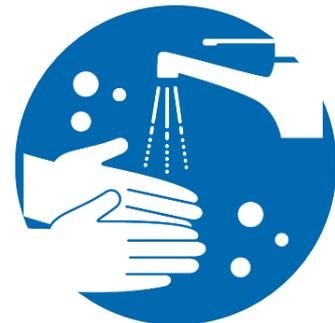
Antibodies:

Medical proof of antibodies, that is not older than 3 months

1. It is recommended, that spectators are still not allowed in the Icerink. Nevertheless, **if the plan of the venue allows a separation of spectators and sports area, public seating is allowed**. All spectators must be **tested, recovered or vaccinated** and will be controlled.
2. Children up to the age of 14 have to be supervised by a coach.
3. Persons, who feel sick or have symptoms must stay away from the event.
4. **Arrival/Departure:** Skate Austria advises to arrive in a private car or on a bike rather than with public transport.
5. It is recommended to the OC to install air purifier in the dressing rooms (especially if these have no windows). In a certain time interval the OC, if possible, shall air-ventilate the dressing rooms.

HYGIENE GUIDELINES

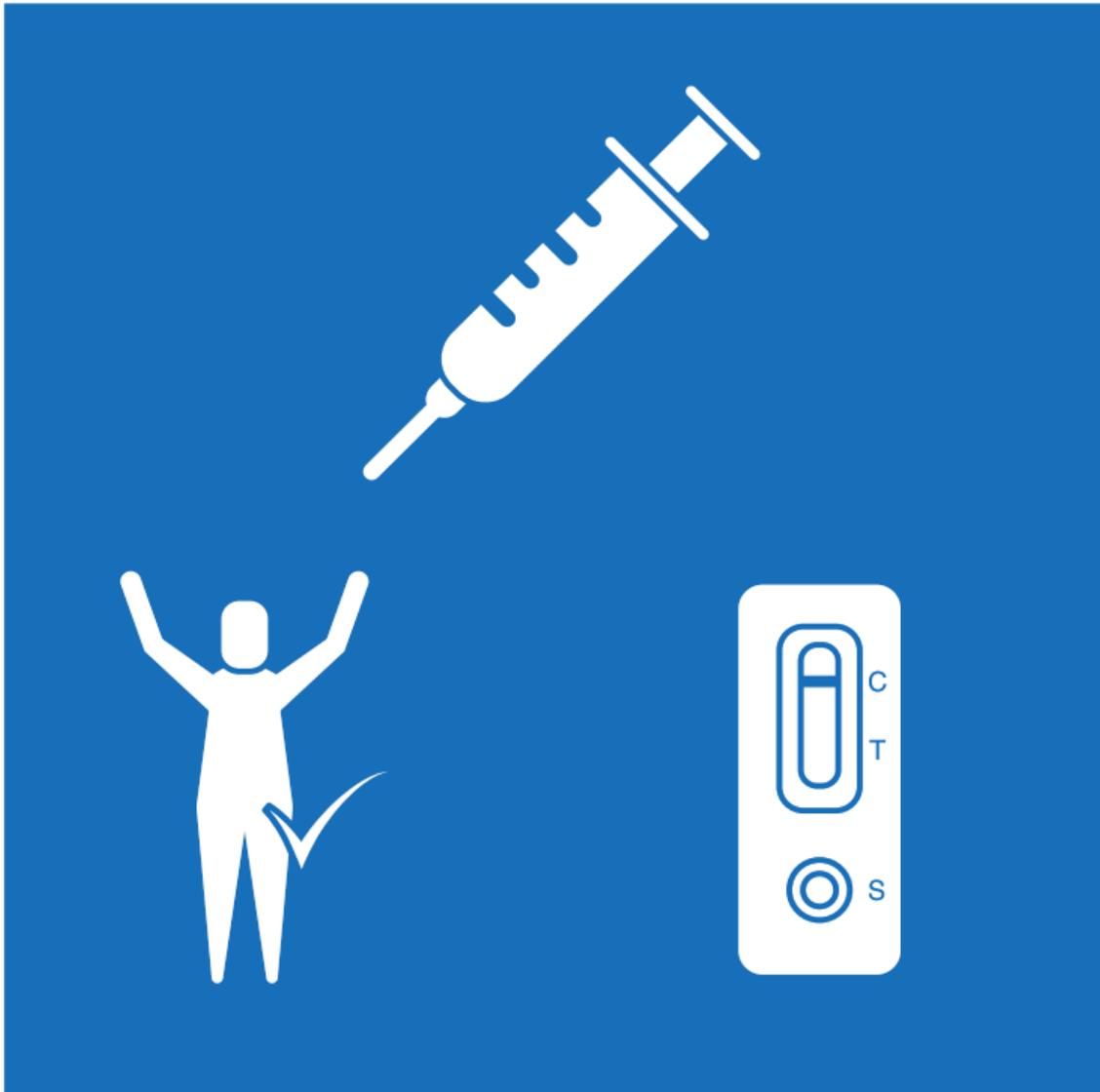
1. Wash your hands properly, cough into your elbow.
2. When entering the ice rink, hands must be disinfected.
3. Wearing masks is recommended!
4. Throwing mascots on to the ice after a performance is forbidden!
5. During Award Ceremonies all participants should wear masks and extend their congratulations by bows – no hugging and/or kissing is allowed. Athletes should pick up their medals or awards by themselves.

**Keep Distance!****Wear a mask!****Wash your hands!****Disinfect your hands!****Entry only vaccinated, recovered or tested!**

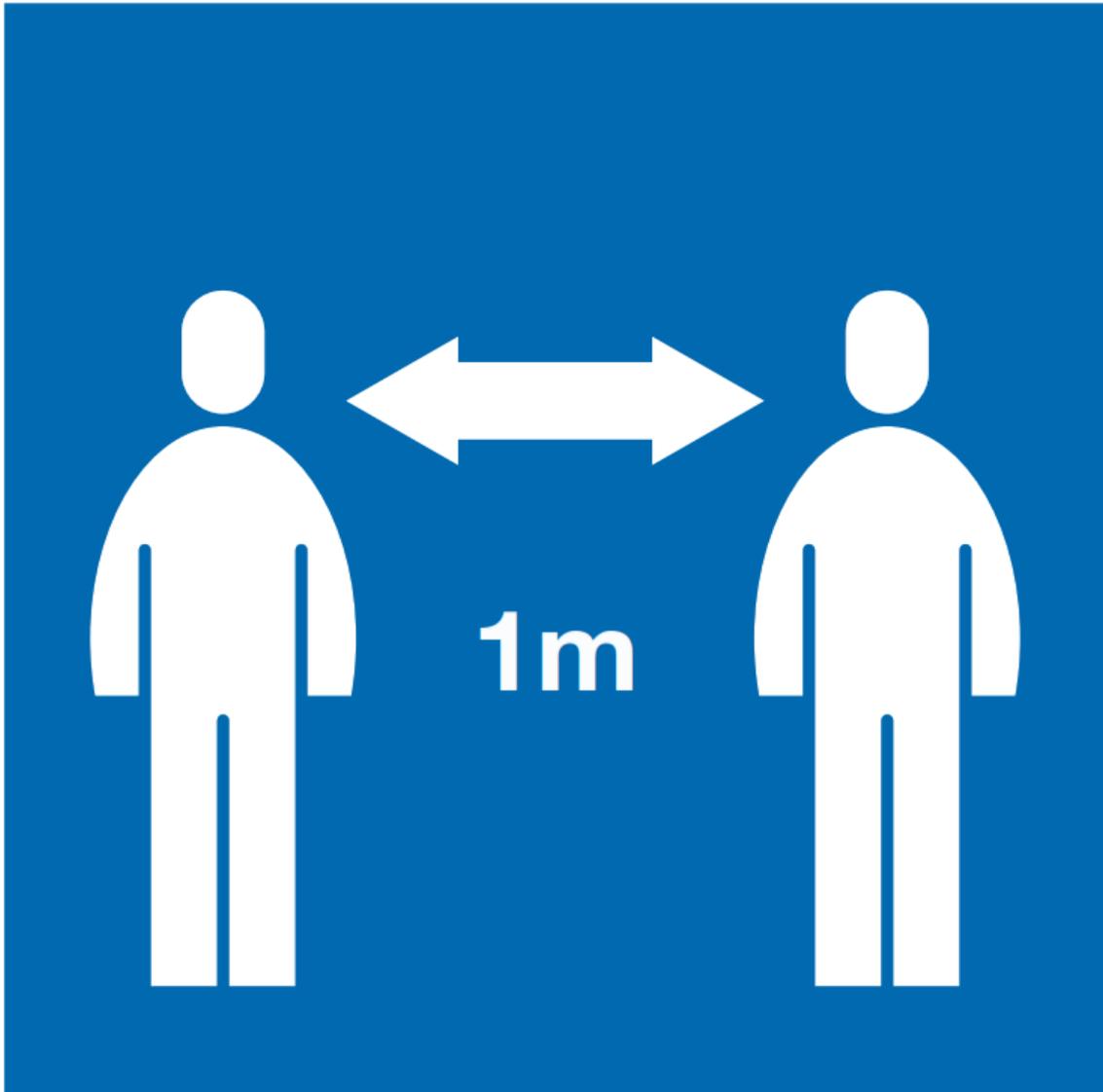
Medical Contact Skate Austria: Dr. Ana Culjak-Laginja

October 19, 2021

Dr. Christiane Mörth
President



**Entry only if
vaccinated, tested or
recovered!**



Keep distance!



**Wear a FFP2
Mask!**



Wash your hands!



Disinfect your Hands!